

CPR & Emergency Cardiovascular Care

General Information

Q: What is the CPR in Schools: First Aid program?

A: The CPR in Schools: First Aid program empowers students to learn lifesaving first aid skills. This educational, easy-to-use program is designed to teach middle and high school students, teachers, and staff the first aid skills they need to be prepared to act in an emergency. This program is delivered through a CPR in Schools: First Aid eBook, which comes with a supplementary streaming video. A any student or teacher can facilitate the video's modules within one class period.

Q: What topics are covered in the program?

A: Topics include:

- Bleeding and Bandaging
- Heart-related illnesses
- Diabetes and Low Blood Sugar
- Fainting
- Seizures
- Allergic Reactions and Breathing Problems
- Concussion
- Head, Neck, and Spine Injuries
- Drug Overdose and Alcohol Poisoning
- Risks of Smoking and Vaping
- Benefits of a Healthy Lifestyle

Q: Who is the target audience for this program?

A: CPR in Schools: First Aid was developed for middle and high school educators, school nurses, or even student leaders to train groups in a school setting. The course can also be used to train school faculty, staff, parents, volunteers, and community members to extend lifesaving first aid skills into the community.

Q: What is included in the CPR in Schools: First Aid program? How is it packaged?

A: This digital delivery course includes:

- Single eBook that contains a Facilitator Guide, Lesson Plans, and optional pre- and post-tests
- Streaming video

Q: Is there a written test that must be completed for the CPR in Schools: First Aid program?

A: No, a written test is not required to complete the program. However, there is an optional pre- and post-test included in the course materials for those that wish to measure knowledge gained by course participants.

Q: Will students who complete this program receive an AHA course completion card?

A: No. However, an optional certificate of participation is available to print from www.heart.org/cprinschoolstoolkit.

Q: How many times can you use the program once you purchase it?

A: The course can be used an unlimited number of times by the purchaser for their school.

Q: If a school would like to buy the program, how many are needed? One per classroom, etc.?

A: One eBook with supplemental streaming video can be used by the purchasing school.

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Q: Can the CPR in Schools: First Aid program be used by groups or organizations that are not schools?

A: Yes. CPR in Schools: First Aid can also be used to train other organizations to extend lifesaving first aid skills into the community.

Facilitating CPR in Schools: First Aid

Q: Is an AHA Instructor or facilitator needed to conduct the CPR in Schools: First Aid program?

While an AHA Instructor may facilitate the program, anyone can facilitate this program. The CPR in Schools: First Aid program can be facilitated by anyone who wishes to help pass on lifesaving first aid skills. As a facilitator-led program, CPR in Schools: First Aid extends the availability of and access to training, so that more people can learn first aid to use their skills to act quickly in an emergency.

Q: About how long does the CPR in Schools: First Aid program take to complete?

A: Modules can be facilitated by any student or teacher within one class period. The course module length is 34 minutes. Estimated completion time for the optional pre- and post-test is 5-10 minutes.

Q: How many pages is the Facilitator Guide that is included with the eBook?

A: The facilitator guide is 32 pages, including 6 pages of lesson plans

Q: Can the Facilitator Guide, Lesson Plans, and pre- and post-test be printed?

A: Yes, they can all be printed. There are two ways to print:

- PDF download at www.heart.org/cprinschoolstoolkit.
- PRINT option available from the eBook. See details below:
 - 1) **PDF download** – Navigate to www.heart.org/cprinschoolstoolkit and download the PDF.

Note: No changes can be made to the materials without written permission from the AHA.

- 2) **Print from eBook** – Open eBook in browser (Google Chrome for best user experience). Navigate to the section of the content desired to print. Click on PRINT icon located in top right of the screen. A new window will open with the print content. Right-click on the window and select the print option.

Note: The number of pages printed will vary by browser, as you are printing the webpage version.

Q: Is the CPR in Schools: First Aid program available in other languages?

A: No. There are no additional translations of the eBook or supplemental streaming video planned at this time.

Q: Is the CPR in Schools: First Aid supplemental streaming video closed captioned for the hearing impaired?

A: Yes, the streaming video is closed captioned.

Purchasing Material

Q: Where can I purchase the CPR in Schools: First Aid eBook with supplemental streaming video?

A: The CPR in Schools: First Aid course can be purchased through [School Health](#), [ShopCPR](#), or from [WorldPoint](#) (for some AHA Training Centers).

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Product Issues

Q: Whom should I contact if I have problems or want to return the CPR in Schools: First Aid eBook with supplemental streaming video?

A: Generally, customers should contact the organization from which they purchased kits.

- [School Health](#)
- ShopCPR - Contact [ShopCPR Customer Support](#) for any digital product returns. See <https://shopcpr.heart.org/returns> for the most up to date return policy
- [WorldPoint](#) (for some AHA Training Centers)